



Харківський національний
педагогічний університет
імені Г.С. Сковороди

СУЧАСНІ ТЕНДЕНЦІЇ В ДОСЛІДЖЕННЯХ МОЛОДИХ НАУКОВЦІВ

МАТЕРІАЛИ

міжвузівської науково-практичної конференції студентів

ХНПУ ім. Г. С. Сковороди

(16 травня 2017 р., м. Харків)

кафедра англійської мови

Харків 2017

growth, and a tendency to interpret situations as challenges rather than threats. Playfulness in adults relates to positive psychological functioning.

One of the components of playfulness is a sense of humor. A sense of humor is a psychological feature of a person, which consists in observing contradictions in the surrounding world and evaluating them from a comic point of view. Many theories argue that the purpose of humor is to relieve tension and stress, and also to encourage new interpretations of situations. Foreign researchers, such as Dworkin E.S., Efran J.S., Landy D., Mettee D, Singer D.L.[2, 11-76], emphasizing the social orientation of the sense of humor, noted that humor and laughter play the role of "lubricants" in society, helping to reduce the level of aggression and hostility, and to switch conflict situations into a game plan. Considering the sense of humor as a coping strategy and a protective mechanism (Rukh V., Martin R.A., Lefcourt H.M.) puts in the center of his attention the role of humor in the processes of adaptation, overcoming stress, in relieving emotional tension, in mental and physical illnesses. A sense of humor is considered a sign of a healthy personality, one of the mature protective mechanisms. However, not always a sense of humor promotes adaptation, has a therapeutic effect. Using a sense of humor can also contribute to an illusory solution to a problem or avoiding its solution. So, in playfulness`s context, a sense of humor helps to see more new options for solving this or that difficult life situation.

In every case, however, psychological researchers have demonstrated that play is a researchable phenomenon, in all of its various manifestations, and as a component of sense of humor. The psychological study of play will provide an even deeper understanding and greater appreciation of the enduring phenomenon of playfulness as a component of sense of humor.

LITERATURE

1. Paulet Gitard. Playfulness in Adulthood as a Personality Trait. –New York, NY: Random House, 2007.
2. Dworkin E.S. Psychological approaches to the study of play: An Introduction to Science. Reeds Science Information Ltd: London, 2005.
3. <http://.psychologytoday.com/articles/200101/sense-of-humor>

Dneprovska Anya, 13 Psy, KhNPU

STUDENTS' CREATIVITY LIFE IN THE MODERN SOCIOCULTURAL CONTEXT

Scientific adviser – Razumenko T.O.

Referring to the Thematic philosophical dictionary -values are natural and cultural objects, processes, relationships that have positive significance for a person. Values arise as a result of the relationship between a person and an object in which the positive value of the object is determined for the person and his environment. Values are built in a certain hierarchy.

The life is the main value of a man. Since without existence there were no

values. Individual lives only when he sees, hears, feels, realizes the outside world.

The health is the next in the hierarchy of values. It determines the quality of human life. The better health individual has then the more saturated, diverse his life, the greater the person's opportunities and another values.

Values are divided into spiritual and material.

Material values promote life. They divide into the simplest (food, clothing, housing, household items and public consumption); and higher order (tools and material means of production).

Spiritual values form and develop the inner world of people, their spiritual enrichment. They include conscience, kindness, love, respect. It cannot be said that each person's spiritual and material values are equivalent.

The relationship is the third value of this hierarchy. Since only in communication we understand the value of people and things, we understand our system of values.

There are elements of this hierarchy. They are suitable for everyone. They are:

1. Love for oneself. It's not egoism. If you accept yourself, other people will stretch to you. And we only can enjoy life if we love oneself.

2. Warm and strong relationships with people, on which our whole life is built. We always have relations with surrounding us people in our weekdays. And this influence at us and our life. If our relations are reliable, our life will be easily, and you can more believe people.

3. A close beloved person, the other half, occupying a special place in your heart. Everyone needs a couple. Only feeling support of your sweetheart you can perform feats and getting better.

4. Creating a home. Where always very warm and comfortable in any weather and any situation. Because it's very important to have a place where you can feel security and calmly, where you can spend time with close friends, relatives or with pets or on one in quiet pleasant native atmosphere with cup of cacao or tea telling interesting stories.

5. Love for children. To grow good children with perspective future is very important. Because children are our continuation and our the main trace in our life.

6. Love to the Motherland - the place where you were born and spent your childhood. This is one of the most important factors in the formation of personality. And love to our relatives, parents.

7. Work or other public activities. Of course, the work is very important. We depend of money. However happiness can't be bought for money we can bought pets or house or trip to home what make us more happily.

8. Friends and like-minded people. These people who will always be able to support you at any time and help you with advice or business in any given situation.

9. Rest. The rest allows us to find peace and balance, to concentrate on ourselves. You can read book, sleep, walk, watch film, speak with friends and relatives or watch for animals and beautiful views.

10. Purpose. The presence of a true goal is an inevitable condition for a full-

fledged human life. Life without purpose is boring, empty and monotonous. It helps us to grow up, improve yourself and our life.

The person's vital values are very important in his destiny. Because decision-making, the fulfillment of life's purpose, and relationships with other people depend on them.

Everyone has got his own system of values, priorities. But not everyone realize them. Sometimes people use values of others. Confuse them. More often this leads to experiences, doubt and dissatisfaction with life. Everyone should be sure in his system of values and then he can easily to arrive at a vital decision and won't go off one's life way.

The values of each person are individual. For one important things are money, clothes, big house. For the other it's important to live, have fun, live spiritually. We can't appraise them. Because we all are different.

LITERATURE

1. Nekrasova N.A. Nekrasov S.I. Sadikova O.G. Thematic Philosophical Dictionary
2. <http://www.vernikova.com/stati-psihologa/69-stati-psihologa/stati-psihologa/332-zhiznennie-cennosti-cheloveka.html>

Derepovska Marina, 14 Psy, KhNPU

PERFECTIONISM IN YOUTH'S LIFE POINTS: MODERN TENDENCIES

Scientific adviser – Razumenko T.O.

Perfectionism is often mistaken for 'being perfect' or 'doing something perfectly'. Many people assume that it must be a good thing. Other people think of being a perfectionist as being something negative and embarrassing. So is it a good or a bad thing?

Researchers have shown that parts of perfectionism are helpful, and parts are unhelpful. Perfectionism can take a grip anywhere in life, but it is particularly evident in certain areas. The material realm for a start. There can be a yearning for an environment that is entirely neat, clean, harmonious and beautiful. Romantic life is similarly marked by deep longings for perfection. There is the aspiration to be wholly understood by someone who combines beauty, wisdom, grace and kindness. We may similarly dream of the perfect family. There is intense perfectionism around art as well: we may want to paint a picture which perfectly shows mood.

We are perfectionists because our imaginations are so adept at conjuring up improved images of life. This is very useful and necessary in many situations. We need to be able to imagine good scenarios so as to gain the energy and focus to try to bring them about.

Ideally, the imagination would be limited to prompting ambitions which were within practical reach. But the imagination inherently overshoots. It isn't good at tailoring its suggestions to an accurate assessment of both our personal